



THE BENEFITS OF ONE-PAGE PROFILES

TNSTEP WEBINAR, SEPTEMBER 20, 2022

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TNSTEP is a federally funded non-profit Parent Training and Information Center (PTI) that has been training families in special education rights since 1989 and collaborating with schools and agencies to improve results for Tennessee.

One-Page Profiles are like a simple resume

They give information on:

- Name
 - Photo (optional)
 - Address (optional)
 - Skills
 - Attributes
-
- But also, needs for support



Brainchild of Helen Sanderson

Disability trainer and visionary who works in the field of person-centered practices.

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An excellent tool for anyone who has difficulty communicating

- Children, adults with Intellectual Disabilities
- Children, adults who are non-verbal
- Children, adults with autism
- Or any individuals who are looking for an alternative to a traditional resume to introduce themselves



A tool with multiple uses

- **After-school programs**
- **Sitters, caregivers**
- **Healthcare professionals**
- **Teachers, principals**
- **Resource Officers**
- **Employers**



An example of a One-Page Profile

This one includes:

- Name
- Photo
- Occupation (could be student)
- "What People Appreciate About Me"
- "What's Important to Me"
- "How to Support Me"

My One Page profile

Your Name Occupation

What people appreciate about me

What is important to me

How to support me

My One-Page Profile

What people appreciate about me

What is important to me

How to support me

My One Page Profile

Your Name

Age
Occupation

What people appreciate about me

What is important to me

How to support me

Your Name

Age
Occupation

What people appreciate about me

What is important to me

How to support me

Other formats – the possibilities are endless!

Totally adaptable

Alternative components:

- Skills and talents
- What I Like/Don't prefer
- Good Day/Bad Day
- Goals I'm working on
- What would help if I'm upset





Let's work on one together

Use your own circumstances, think of a loved one in your family, or just make one up!

What do you want to convey?

How do you want to convey it?

Would you provide different information in different situations?

Thoughts on this tool?

Is it useful?

Is it practical?

**How would it be beneficial for you
or your family member?**

Questions/comments?



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